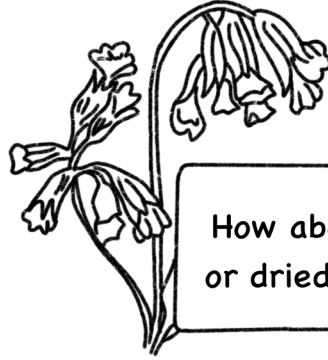


Homemade Playdough recipe

Ingredients:

- 1 tbs. Vegetable oil
- Food colouring
- 1 cup of wheat flour
- 1/2 cup of salt
- 1 cup of water
- 2 tsp. Cream of Tartar
- Any seasoning or scents you would like



How about adding a few drops of essential oil or dried flowers for an added sensory element

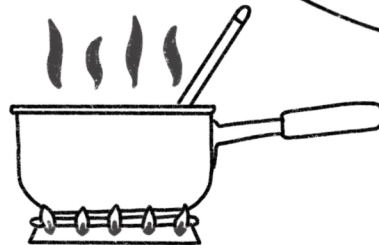


Natural dye/scent options:
Cocoa powder Turmeric
Matcha powder
Spirulina Decaf coffee



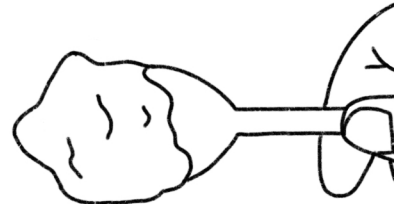
Method:

1) Pour all ingredients in a saucepan and stir until combined



2) Turn on heat to medium and continue to stir

3) Once play dough balls up on the spoon take off the heat and continue to stir

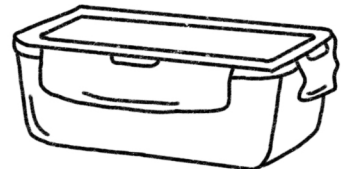


4) Knead the ball of play dough on wax paper until it's free of lumps and soft

Ask for a grown-ups help



5) Store in an airtight container



once you've finished with this activity, give it a new lease of life as a colouring sheet for your little(s)